

BELS Autism Parent/Carer programme



Professionals and parents will deliver modules designed to increase your knowledge and skills with understanding autism and using practical strategies.

The criteria for accessing the programme:















- Barnet Resident
- Child has a diagnosis of autism
- Child is 6yrs old or younger.

To book please go to the link below and complete the form. We will then send weekly emails with details for each session including the opportunity to watch the session as a you tube video and to join a live ZOOM session. **To book a place click on link below:**

[**BOOKING FORM**](#)



Programme Content

<p>1. Introduction to Autism</p> <ul style="list-style-type: none"> • What is autism? • Autism and early education. • Autism voice • Strategies for support <p>Professionals: BEAM</p> <p>Live ZOOM sessions: Wednesday 8th December 2021 at 10am-11:30am and 1pm-2.30pm</p>  	<p>2. Understanding Education Health and Care Plans</p> <ul style="list-style-type: none"> • What is an EHCP? • How can an EHCP help my child? • How long this process takes? • Who can help? <p>Professionals: SENDIASS</p> <p>Live ZOOM sessions: Wednesday 15th December 2021 at 10am-11:30am and 1pm-2.30pm</p> 
<p>3. Promoting Communication</p> <ul style="list-style-type: none"> • Development of speech, language, and communication • Strategies for promoting this in the home. <p>Professionals: Speech Therapist & BEAM</p> <p>Live ZOOM sessions: Wednesday 5th January 2022 at 10am-11:30am and 1pm-2.30pm</p>  	<p>4. Structure, Routine and managing change</p> <ul style="list-style-type: none"> • Use of visuals and other strategies for setting up routines in the home and managing changes and transitions. <p>Professionals: BEAM</p> <p>Live ZOOM sessions: Wednesday 12th January 2022 at 10am-11:30am and 1pm-2.30pm</p>  
<p>5. Toileting</p> <ul style="list-style-type: none"> • Understanding of development of toileting skills. • Strategies for promoting using the toilet at home. <p>Professionals: BEAM & Parent</p> <p>Live ZOOM sessions: Wednesday 19th January 2022 at 10am-11:30am and 1pm-2.30pm</p>  	<p>6. Sleep</p> <ul style="list-style-type: none"> • Understanding how to improve sleep. • Practical strategies to promote good bedtime routines. <p>Professionals: BEAM</p> <p>Live ZOOM sessions: Thursday 27th January 2022 at 10am-11:30am and 1pm-2.30pm</p>  
<p>7. Eating and Drinking Difficulties</p> <ul style="list-style-type: none"> • Understanding of development of eating and drinking skills. • Practical strategies to use at home. <p>Professionals: Occupational Therapist & Speech Therapist</p> <p>Live ZOOM sessions: Thursday 3rd February 2021 at 10am-11:30am and 1pm-2.30pm</p>   	<p>8. Understanding Sensory Processing</p> <ul style="list-style-type: none"> • Understanding of our 5 senses and 3 hidden senses. • Practical strategies to promote alertness and calm. <p>Professionals: Occupational Therapist</p> <p>Live ZOOM sessions: Thursday 10th February 2021 at 10am-11:30am and 1pm-2.30pm</p> 