

Autism Parent/Carer programme Early Years/Year 1

We are not able to hold this programme face-to-face due to social distancing guidelines. We have developed online You tube video links and live ZOOM sessions. Please sign up the programme using the link www.tiny.cc/autismpsp and we will keep you updated. Thank you for your patience at this difficult time. Please stay safe.

(Updated January 2021)

This programme is aimed at parents / carers of children in nursery, reception and year 1 with a diagnosis of Autism

Teachers and therapists will deliver modules designed to increase your knowledge and skills with understanding and practical strategies to implement at home.

The programme also allows parents to share their ideas and knowledge with other parents and professionals.

The modules have been designed based on feedback from parents (collated over the past few years), updates in current research and good practice.








To book please go to the link below and complete the form. We will then send weekly emails with details for each session including the opportunity to watch the session as a you tube video and also to join a live ZOOM session.



To
book go to

www.tiny.cc/autismpsp

Programme Content

<p>1. Introduction to Autism</p> <ul style="list-style-type: none"> • What is autism? • Autism and early education. • Autism voice • Strategies for support <p>Professionals: BEAM</p> <p>Live ZOOM sessions: Tuesday 2nd February 2021 1pm-2.30pm</p> 	<p>2. Promoting Communication</p> <ul style="list-style-type: none"> • Development of speech, language and communication • Strategies for promoting this in the home. <p>Professionals: Speech Therapist & BEAM</p> <p>Live ZOOM sessions: Tuesday 9th February 2021 1pm-2.30pm</p> 
<p>3. Understanding Sensory Processing</p> <ul style="list-style-type: none"> • Understanding of our 5 senses and 3 hidden senses. • Practical strategies to promote alertness and calm. <p>Professionals: Occupational Therapist</p> <p>Live ZOOM sessions: Tuesday 23rd February 2021 1pm-2.30pm</p> 	<p>4. Toileting</p> <ul style="list-style-type: none"> • Understanding of development of toileting skills. • Strategies for promoting using the toilet at home. <p>Professionals: BEAM & Parent</p> <p>Live ZOOM sessions: Tuesday 2nd March 2021 1pm-2.30pm</p> 
<p>5. Structure, Routine and managing change</p> <ul style="list-style-type: none"> • Use of visuals and other strategies for setting up routines in the home and managing changes and transitions. <p>Professionals: BEAM</p> <p>Live ZOOM sessions: Tuesday 9th March 2021 1pm-2.30pm</p> 	<p>6. Sleep</p> <ul style="list-style-type: none"> • Understanding how to improve sleep. • Practical strategies to promote good bedtime routines. <p>Professionals: BEAM</p> <p>Live ZOOM sessions: Tuesday 16th March 2021 1pm-2.30pm</p> 
<p>7. Understanding Education Health and Care Plans</p> <ul style="list-style-type: none"> • What is an EHCP? • How can an EHCP help my child? • How long this process takes? • Who can help? <p>Professionals: SENDIASS</p> <p>Live ZOOM sessions: Tuesday 23rd March 2021 1pm-2.30pm</p> 	<p>8. Eating and Drinking Difficulties</p> <ul style="list-style-type: none"> • Understanding of development of eating and drinking skills. • Practical strategies to use at home. <p>Professionals: Occupational Therapist</p> <p>Live ZOOM sessions: Tuesday 30th March 2021 1pm-2.30pm</p> 