

May 2019

SUNDAY

19th May 2019

1pm to 3pm

MARTIAL ARTS WORKSHOP



WEDNESDAY

29th May 2019

11am to 1pm

ADVENTURE GOLF



June & July 2019

SATURDAY

22nd June 2019

1pm to 3pm

ARTS AND CRAFTS WORKSHOP

Lets get creative!!!

Various Arts and Crafts Activities on offer such as jewellery making, sticky arts, painting and colouring in.

WEDNESDAY

31st July 2019

11am to 3pm

ALDENHAM COUNTRY PLAYGROUND

Spend the day in the fantastic surroundings of Aldenham Country Playground.

You will have full access to the park, the Farm and the SEND Pavilion.



Activities for 11-18 year olds with Additional Needs

PLEASE BOOK IN ADVANCE on 020 8349 3842 or e-mail: bookings@barnetmencap.org.uk

May 2019

Sunday 19th May 2019

MARTIAL ARTS WORKSHOP

At

Finchley Lido, N12 0GL

SIBLINGS CAN ATTEND TOO!!

TIME: 1pm to 3pm

COST: £3 per person

Martial Arts with Kevin.

Learn something new and keep fit too!

Wednesday 29th May 2019

ADVENTURE GOLF

THE LOST JUNGLE

Watford By-Pass

Edgware

HA8 8DD

How to get there:

By Car: See postcode above

By Bus: 107 Bus to Elstree

By Tube: Stanmore Station

TIME: 11.00am - 1pm

COST: FREE Carers Go Free

Ready for an adventure?

We have 15 tickets for a family adventure at the Lost Jungle Adventure Golf Centre in Edgware which is fully accessible.

If you would like to attend, please book in advance. We are able to allocate up to 2 tickets per family.

**Additional Discounted Tickets:
£5 per child payable on the day.**

Please let us know the names of additional family members in advance.

June & July 2019

Saturday 22nd June 2019

ARTS, CRAFTS & GAMES

At

BMO

35 Hendon Lane

London, N3 1RT

TIME: 1pm to 3pm

COST: FREE

Lets get Creative!

Arts and Crafts with Barnet Mencap is the perfect way to spend a Saturday afternoon.

Wednesday 31st July 2019

ALDENHAM COUNTRY

PLAYGROUND

Aldenham Road,

Elstree,

Hertfordshire WD6 3BA

How to get there:

By Car: See postcode above

By Bus: 107 Bus to Elstree

**Please note that there is a
£.4.50 car park charge**

Time: From 11am TO 3pm

COST: Free Carers Go Free

We will be spending the day at Aldenham Country Park with access to all areas of the park including the SEND Pavilion.

We have 15 tickets to for an exciting summers day out. We are able to allocate up to 2 tickets per family. The park is fully accessible.

PLEASE BRING A PACKED LUNCH

**Additional Discounted Tickets:
£8.95 payable on the day. Please
let us know the names of
additional family members in
advance.**