

Barnet Educational Psychology Team

Date: Tuesday 18th June 1-4pm

Venue: Hendon Town Hall

Emotion Coaching

This is a **free** training session for Barnet schools organised by the Educational Psychology Team.

The training is an opportunity for the Barnet school community to learn more about how we support the Social, Emotional and Mental Health of our children and young people, with a particular focus on using an Emotion Coaching approach.

The training will be run by Dr Nina Robinson who is an Educational Psychologist in the Barnet Educational Psychology Team.

The workshop aims to:

- Consider children's emotional development and needs
- Understand and learn the steps of using an emotion coaching approach
- Provide opportunities to practise these approaches and feel confident to apply them in your work with children and young people

Booking information is provided on the next page:

Schedule for the morning

ITEM	TIMING
1.00 - 1.15	Arrival (Tea and coffee will be available)
1.15-2.30	Background to emotional development and emotion coaching; introduction of emotion coaching steps
2.30 – 2.45	BREAK
2.45-3.45	Continue with understanding emotion coaching steps and opportunities to practise the approach
3.45 – 4.00	Question and Answer session

Booking Information

The training is free. You will need to book in advance as the 30 places are on a first- booked – first allocated system. Please note, a maximum of 2 places to any one school will be allocated. To book your place on the workshop please follow the three steps below and you will receive a confirmation email:

1. Email: SEND.events@barnet.gov.uk
2. Please put 'Emotion Coaching' in the subject line of the email
3. Please provide the following information
 - Name
 - Preferred contact Email address
 - School

Places are in high demand and fill up fast. If you need to cancel your booking please let us know by emailing SEND.events@barnet.gov.uk so that we can allocate the place to someone on our waiting list.

If you have any queries please contact educationalpsychology@barnet.gov.uk