

LOCATION:

**Moss Hall Nursery School
189 Nether Street
N3 1NR**

Autism Pre-School Parent/Carer Programme

1. Autism Education Trust (AET)

Making sense of Autism

- Introduction to Autism
- Autism Education Trust – 90 minute
- Meet and greet

Professionals: BEAM &
Pre-School teaching team

**Wednesday 23rd January
2019 9.30-11.30am**



2. Understanding Education Health and Care Plans

- What is an EHCP?
- How can a EHCP help my child?
- How long this process takes ?
- Who can help ?
- Parents questions

Professionals: SENDIASS

**Wednesday 30th January
2019**

9.30-11.30am

3. Promoting Predictability and Managing Change

Use of visuals and other strategies for setting up routines in the home and managing changes and transitions.

Professionals: BEAM

**Wednesday 6th February
2019**

9.30-11.30am

4. Promoting Communication

- Development of speech, language and communication
- Strategies for promoting this in the home.

Professionals:

Speech Therapist & BEAM

**Wednesday 13th February
2019**

9.30-11.30am

5. Toileting

- Understanding of development of toileting skills.
- Strategies for promoting using the toilet at home.

Professionals: BEAM &
Pre-school Teaching team

**Wednesday 20th February
2019**

9.30-11.30am

6. Sleep

- Understanding how to improve sleep.
- Practical strategies to promote good bedtime routines.

Professionals: BEAM

**Wednesday 27th February
2018**

9.30-11.30am

7. Eating and

Drinking Difficulties

- Understanding of development of eating and drinking skills.
- Practical strategies to use at home.

Professionals: Occupational
Therapist & BEAM

Wednesday 6th March 2019

9.30-11.30am

8. Understanding Sensory Processing

- Understanding of our 5 senses and 2 hidden senses.
- Practical strategies to promote alertness and calm.

Professionals: Occupational
Therapist & BEAM

Wednesday 13th March 2019

9.30-11.30am

This programme is aimed at parents of pre-school aged children who have received a diagnosis of Autism.

Teachers and therapists will deliver modules designed to increase your knowledge and skills with understanding and practical strategies to implement at home. The programme also allows parents to share their ideas and knowledge with other parents and professionals.

The modules have been designed based on feedback from parents (collated over the past few years), updates in current research and good practice.

We ask that you commit to attending 5 out of 8 modules. We appreciate that you may not be able to attend the sessions consecutively so we will be repeating the programme again in November.

To accept a place please email beam.team@barnet.gov.uk with your name and your phone number.

To find out more about our Barnet services see our Local Offer website www.barnetlocaloffer.org.uk.

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