

# Supporting your teenager with exams and assessments

Online  
Tuesday 29th March 2022  
7pm – 8.30pm

[Click here to register for your place](#)

Julie Turner and Debbie Spens, from The Charlie Waller Trust, will discuss practical strategies for parents /carers to help young people manage stress and anxiety around exams and assessments.

A one-hour online session, with the opportunity of half an hour of questions and answers at the end.



Bath & North East  
Somerset Council

Improving People's Lives