



Parent Carer Café at No.10

The café will run the 2nd Wednesday of each month.

9:30am-11:00am

@No.10 Cafe

Fortesque Road

Radstock

BA3 3PJ

Do you care for a child with a disability or additional needs?

Come & Join us for your 1st FREE tea or coffee on us!

The café is led by Mel from the Carers Centre who is a parent carer herself and can offer support & Advice around your caring role.

The café is run in partnership with Paulton & Surrounding areas SEN support group. So you will also meet Amanda & Jo who are parent carers that can offer you support and a cuppa!

There will be time for group discussions if you feel like you would like to contribute and have your say. You can stay for as little or as long as you like!