

Hampton Youth Zone

Summer Holiday Programme 2025

**Monday 21 July to
Thursday 29 August**

**Completely FREE activities for
young people in school years
4 to 13 (9 to 18 years old)**

This is a FUEL/HAF programme

**Scan QR code to book
tickets**



Contacts and queries

For more information about any of our summer offers including the bookable activities and trips, please contact:

Justin Johnson

Hampton Youth Project Lead Practitioner

E: justin.johnson@achievingforchildren.org.uk or
youthservice@achievingforchildren.org.uk



**achieving
for children**

Free summer activities for young people

It's summertime and it's set to be a scorcher at the all conquering, all powerful: HAMPTON YOUTH ZONE!

This year we are running from 21 July to 29 August. That's all six weeks of the summer! That's right folks, six weeks of FREENESS for you to enjoy. There's the customary weekly trips for attendees and of course food is included too. It's ram packed with things to do.

We are holding special late evening sessions every Thursday featuring bowling, outdoor cinema and roller skating and... we even have a special event on Wednesday 7 August to launch the new centre.

Daily activities

- | | |
|---------------|---|
| Art | Music production |
| Arcade gaming | Pool |
| Archery | Roller skating |
| Board games | Sports (football, basketball, tennis, wallball, benchball, etc) |
| Climbing | Table tennis |
| Cooking | Team based group games |
| Deejaying | Video gaming (PS5 and Xbox) |
| Foosball | |
| Garden games | |

Check out our full timetable for the overall list of activities you can get involved in this summer. Young people interested in these activities can just turn up, however it is always helpful if parents and carers book a day pass via www.ticketsource.co.uk/hampton-youth-zone

This way we know who is coming and can plan accordingly!

You can also book at our sister site: Whitton Youth Zone for activities later in the day (10am to 2pm). For more information please scan this link:





Trips

Sometimes, you just feel like going out and that's what we have decided we are going to do across the summer:

- Hayling Island Beach Trip (12 spaces)
- London Aquarium & Graffiti Tunnels Trip (16 spaces)
- Coral Reef Waterpark (12 spaces)
- Jump Giants (12 spaces)

A few key details

- Places for these trips are extremely limited with around 12 places per trip
- To be able to book a space on a trip your child must attend Hampton Youth Zone on a regular basis in the summer.
- Trip forms will be given out to young people in person on Tuesdays and Wednesdays of each week.
- Trips are £5 for young people not on free school meals, or free for those accessing FUEL/HAF.

Contacts and queries

For more information, please contact Justin Johnson about any of our summer offers, including the bookable activities or trips:

Justin Johnson

Hampton Youth Zone Lead Practitioner

E: justin.johnson@achievingforchildren.org.uk

Week 1: 21 to 25 July

Monday	Tuesday	Wednesday	Thursday	Friday
HYZ closed	Open Youth Club*	Open Youth Club*	Open Youth Club*	Open Youth Club*
Activities Available at Whitton Youth Zone	3pm to 7pm	3pm to 7pm	3pm to 7pm	3pm to 7pm
Scan for more information	Multi sports: Football and dodgeball	Multi sports: Football and benchball	Bike ramps and maintenance	Rockwall climbing: Learning to climb
	3.30pm to 4.30pm	3.30pm to 4.30pm	3.30pm to 5pm	3pm to 5pm
	HYZ Creative workshop: Painting and embroidery on fabric	Urban art project: Graffiti canvases	Art: Henna hand art	Build a: Bug hotel
	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm
	Cooking: Lemon pavlova	Cooking: Pizza making	Ready, steady cook: Sweet stuff	Cultural cooking: Kenyan Mandai (form of donuts)
	3.30pm to 4pm	3.30pm to 4.30pm	3.30pm to 5pm	3.30pm to 5pm
	Archery: Learn to shoot	Music production: Make beats & record your songs	Late afternoon lunch	Late afternoon lunch
	4.30pm to 5.30pm	4.30pm to 6pm	5pm	5pm
	Late afternoon lunch	Late afternoon lunch	Summer sports day	Friday football
	5pm	5pm	5.30pm to 7pm	5pm to 6pm
	Young women's boxercise	Work out programme: Gym and exercise	<ul style="list-style-type: none"> Cadbury Cream Egg and Spoon Race Terry's Chocolate Bowling Challenge Team Kinder Egg Drainpipe Obstacle Course 	Roll deep rollerskating: Roller hockey
	5.30pm to 6.30pm	5.30pm to 6.30pm		6pm to 7pm
Intermediates rockwall climbing	Multi sports: Free choice	Multi sports: Free choice		TRIP: Hayling Island Beach visit
6.45pm to 8.45pm	6pm to 7pm	5.30pm to 6.30pm		10.30am to 5pm

*Arcade, air hockey, garden games, pool, music studio and rehearsal room, table tennis, table foosball

Week 2: 28 July to 1 August

Monday	Tuesday	Wednesday	Thursday	Friday
HYZ closed	Open Youth Club*	Open Youth Club*	Open Youth Club*	National Play Day@ The White House Family Hub
Activities Available at Whitton Youth Zone	3pm to 7pm	3pm to 7pm	3pm to 7pm	3pm to 7pm
Scan for more information	Multi sports: Football and touch rugby	Multi sports: Football and bouldering	Bike ramps and maintenance	
	3.30pm to 4.30pm	3.30pm to 4.30pm	3.30pm to 5pm	
	HYZ Creative workshop: Design your own t-shirt	Urban art project: Cool canvas bag designing	Art: Slime making	
	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 4.30pm	
	Sweet treats baking: Neapolitan trifle	Cooking: Puff pastry cheese twists	Ready, steady cook: Savoury stuff	
	3.30pm to 5pm	3.30pm to 4.30pm	3.30pm to 5.30pm	
	Archery: Learn to shoot	Late afternoon lunch	Late afternoon lunch	
	4.30pm to 5.30pm	5pm	5pm	
	Late afternoon lunch	Music production: Make beats & record your songs	Learn to DJ	
	5pm	4.30pm to 6pm	5.30pm to 7pm	
	Young women's boxercise	Work out programme: Gym and exercise	Garden games: Nerf garden battle	
	5.30pm to 6.30pm	5.30pm to 6.30pm	5.30pm to 7pm	
Intermediates rockwall climbing	Multi sports: Free choice	Multi sports: Free choice	<ul style="list-style-type: none"> • Last person standing • Team capture the flag • Base defence 	
6.45pm to 8.45pm	6pm to 7pm	5.30pm to 6.30pm		

*Arcade, air hockey, garden games, pool, music studio and rehearsal room, table tennis, table foosball

Week 3: 4 to 8 August

Monday	Tuesday	Wednesday	Thursday	Friday
HYZ closed	Open Youth Club*	Open Youth Club*	Open Youth Club*	Open Youth Club*
Activities Available at Whitton Youth Zone	3pm to 7pm	3pm to 7pm	3pm to 7pm	3pm to 7pm
Scan for more information	Multi sports: Football and benchball	Multi sports: Football and patball	Bike ramps and maintenance	Rockwall climbing: on new outdoor traversing wall
	3.30pm to 4.30pm	3.30pm to 4.30pm	3.30pm to 5pm	3pm to 5pm
	HYZ Creative workshop: Crocheting and finger knitting	Urban art project: Messy splash canvases	Art: Fizzy drink candles	Build a: Flower box
	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm
	Sweet treat baking: Ginger biscuit fridge cake	Cooking: Marinate your own chicken wings	Ready, steady cook: Savoury stuff	Cultural cooking: Kenyan Mandai (form of donuts)
	3.30pm to 5pm	3.30pm to 4.30pm	3.30pm to 5.30pm	3.30pm to 5pm
	Archery: Archery darts	Music production: Make beats & record your songs	Late afternoon lunch	Late afternoon lunch
	4.30pm to 5.30pm	4.30pm to 6pm	5pm	5pm
	Late afternoon lunch	Late afternoon lunch	Learn Hip Hop sampling	Friday football
	5pm	5pm	5.30pm to 7pm	5pm to 6pm
	Young women's boxercise	Work out programme: Gym and exercise	Picnic in the park	Roll deep rollerskating: Roller hockey
	5.30pm to 6.30pm	5.30pm to 6.30pm	4pm to 7pm	6pm to 7pm
Intermediates rockwall climbing	Multi sports: Free choice	Multi sports: Free choice	<ul style="list-style-type: none"> • Art: Natural Art using Nature • Rounders, Frisbee and Touch Rugby • Woodland Treasure Hunt 	TRIP: London Aquarium & London Graffiti Tunnel Tour
6.45pm to 8.45pm	6pm to 7pm	5.30pm to 6.30pm		10am to 5pm

*Arcade, air hockey, garden games, pool, music studio and rehearsal room, table tennis, table foosball

Week 4: 11 to 15 August

Monday	Tuesday	Wednesday	Thursday	Friday
HYZ closed	Open Youth Club*	Open Youth Club*	Open Youth Club*	Open Youth Club*
Activities Available at Whitton Youth Zone	3pm to 7pm	3pm to 7pm	3pm to 7pm	3pm to 7pm
Scan for more information	Multi sports: Football and dodgeball	Multi sports: Football and benchball	Bike ramps and maintenance	Multi sports: Football and touch rugby
	3.30pm to 4.30pm	3.30pm to 4.30pm	3.30pm to 5pm	3pm to 5pm
	HYZ Creative workshop: Designing and sewing	Urban art project: Nike Dunks Design competition start	Art: Summer tie dye tote bags	Build a: Squirrel hotel
	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm
	Sweet treat baking: Ginger Welsh cakes	Cooking: Taco burgers	Ready, steady cook: Savoury stuff	Cultural cooking: Trinni Aloo Pier (think samosas)
	3.30pm to 5pm	3.30pm to 4.30pm	3.30pm to 5.30pm	3.30pm to 5pm
	Archery: Art canvases	Music production: Make beats & record your songs	Late afternoon lunch	Late afternoon lunch
	4.30pm to 5.30pm	4.30pm to 6pm	5pm	5pm
	Late afternoon lunch	Late afternoon lunch	Learn Hip Hop sampling	Friday football
	5pm	5pm	5.30pm to 7pm	5pm to 6pm
	Young women's boxercise	Work out programme: Gym and exercise	Roller disco	Roll deep rollerskating: Roller hockey
	5.30pm to 6.30pm	5.30pm to 6.30pm	5.30pm to 7pm	6pm to 7pm
Intermediates rockwall climbing	Multi sports: Free choice	Multi sports: Free choice	<ul style="list-style-type: none"> • Music • Pizza • Roller skates • Outdoor cinema 	TRIP: Coral Reef Waterpark
6.45pm to 8.45pm	6pm to 7pm	5.30pm to 6.30pm		12pm to 4pm

*Arcade, air hockey, garden games, pool, music studio and rehearsal room, table tennis, table foosball

Week 5: 18 to 22 August

Monday	Tuesday	Wednesday	Thursday	Friday
HYZ closed	Open Youth Club*	Open Youth Club*	Notting Hill Carnival Event	Open Youth Club*
Activities Available at Whitton Youth Zone	3pm to 7pm	3pm to 7pm	3pm to 7pm	3pm to 7pm
Scan for more information	Multi sports: Football and Dodgeball	Multi sports: Football and benchball	<ul style="list-style-type: none"> Jerk Wings Build Your Own Carnival Air Horn Tye Dye Reggae Music Class Carnival Mask Making Steel Pan Masterclass Reggae Sound System Class Fruit Punch Making 	Rockwall climbing: Team games
	3.30pm to 4.30pm	3.30pm to 4.30pm		3pm to 5pm
	Sweet treat baking: Cake pops	Urban art project: Nike Dunks Design competition semis	<ul style="list-style-type: none"> Reggae Sound System Class Fruit Punch Making 	Urban art project: Nike Dunks Design competition final
	3.30pm to 5pm	3.30pm to 5pm		3.30pm to 5pm
	Archery: Archery darts	Cooking: Homemade croissants		Cultural cooking: Jamaican banana fritters
	4.30pm to 5.30pm	3.30pm to 4.30pm		3.30pm to 5pm
	Late afternoon lunch	Music production: Make beats & record your songs		Late afternoon lunch
	5pm	4.30pm to 6pm		5pm
	Young women's boxercise	Late afternoon lunch		Friday football
	5.30pm to 6.30pm	5pm		5pm to 6pm
	Multi sports: Free choice	Work out programme: Gym and exercise		Roll deep rollerskating: Roller tag
	6pm to 7pm	5.30pm to 6.30pm		6pm to 7pm
Intermediates rockwall climbing		Multi sports: Free choice		TRIP: Jump Giants
6.45pm to 8.45pm		5.30pm to 6.30pm		

*Arcade, air hockey, garden games, pool, music studio and rehearsal room, table tennis, table foosball

Week 6: 26 to 29 August

Monday	Tuesday	Wednesday	Thursday	Friday
HYZ closed	Open Youth Club*	Open Youth Club*	Notting Hill Carnival Event	Open Youth Club*
Bank Holiday	3pm to 7pm	3pm to 7pm	3pm to 7pm	3pm to 7pm
	Multi sports: Football and Noodleball	Multi sports: Football and benchball	Bike ramps and maintenance	Rockwall climbing: Team games
	3.30pm to 4.30pm	3.30pm to 4.30pm	3.30pm to 5pm	3pm to 5pm
	Rethink HYZ Arts programme: Beauty of our outdoor benches	Rethink HYZ Arts programme: Design our new club sign	Rethink HYZ Arts programme: Beauty of our outdoor benches	Rethink HYZ Arts programme: Design our new club sign
	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm	3.30pm to 5pm
	Delish drinks: Cycle your own smoothie	Delish drinks: Oreo monster milkshake	Delish drinks: Strawberry shortcake shakes	End of summer outdoor cinema celebration
	3.30pm to 4.30pm	3.30pm to 4.30pm	3.30pm to 4.30pm	3pm to 7pm
	Archery: Mixed archery games	Music production: Make beats & record your songs	Music production: Make beats & record your songs	Music production: Make beats & record your songs
	4.30pm to 5.30pm	4.30pm to 6pm	4.30pm to 6pm	<ul style="list-style-type: none"> • Two films (AGE APPROPRIATE) • Popcorn • Pizzas • 360 camera booth
	Late afternoon lunch	Late afternoon lunch	Late afternoon lunch	
	5pm	5pm	5pm	
	Grow it gardening: Grow your own herbs	Grow it gardening: Seed bomb making	Grow it gardening: Make bird fat balls	
	5.30pm to 6.30pm	5.30pm to 6.30pm	5.30pm to 6.30pm	
	Multi sports: Free choice	Multi sports: Free choice	Multi sports: Free choice	
	6pm to 7pm	5.30pm to 6.30pm	5.30pm to 6.30pm	

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NO STRAIGHT ANSWER



**Years
7 to 11**

Hampton summer sessions

Friday 25 July

Friday 1 August

Friday 22 August

Friday 29 August

12pm to 2pm

A session for lesbian, gay, bisexual, transgender or questioning young people to have a safe, supportive space to explore their identities with like minded people. Activities include cooking, arts, sports, music and many more.

Contact

Justin Johnson: justin.johnson@achievingforchildren.org.uk or

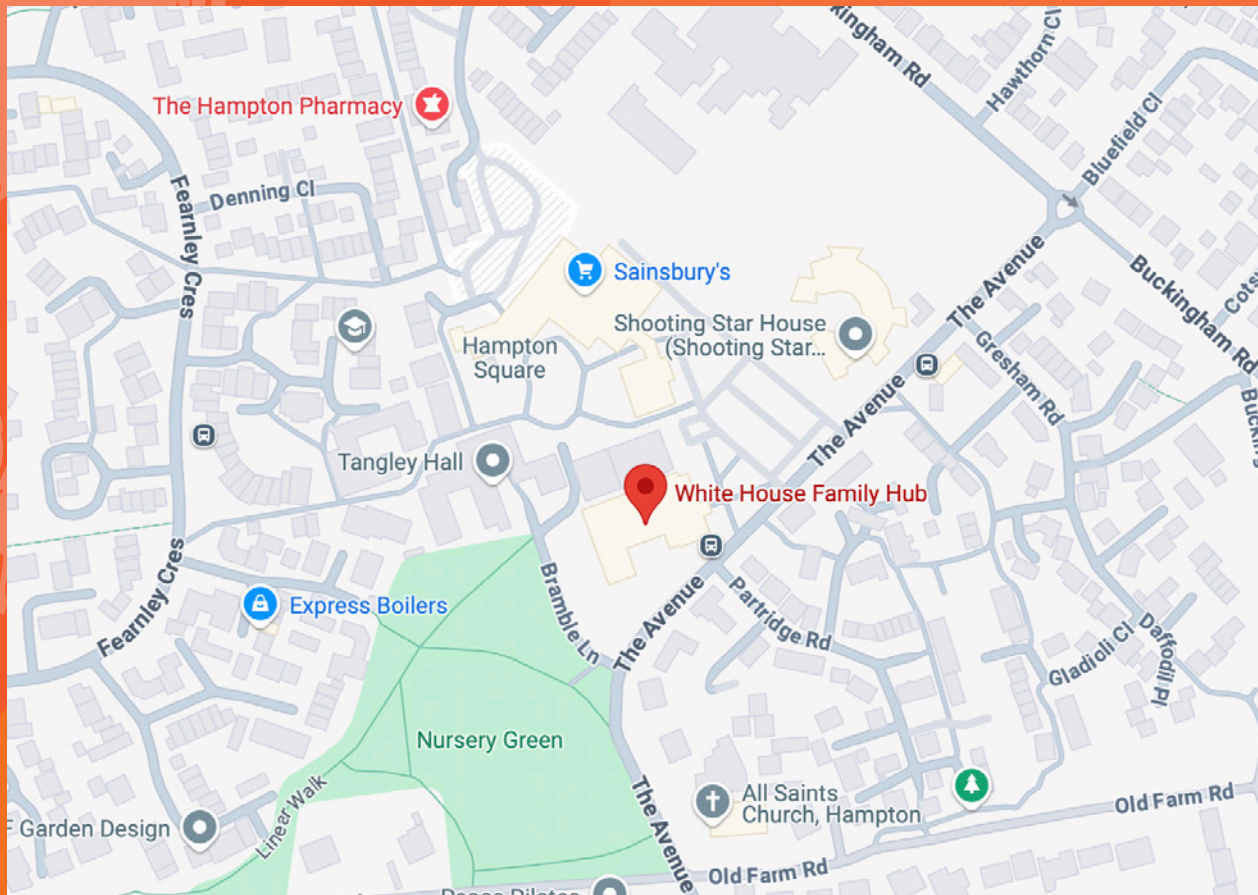
Matt Roach: matthew.roach@achievingforchildren.org.uk

Address: The White House Family Hub, 45 The Avenue, TW12 3RN

How to find us

Address: The White House Family Hub, 45 The Avenue, TW12 3RN

Nearest Transport Links: Nurserylands Shopping Centre Stop (R70 or 111)



Accessibility

We are a wheelchair-accessible centre with all of our activities on the ground floor.

SEND

While we are not a specialist provision for additional needs we support many young people in our after-school sessions. We can offer quiet spaces and also have a selection of equipment to reduce sensory overload for young people accessing our sessions.

Safeguarding Contacts

For all safeguarding concerns please contact our designated safeguarding leads (DSL)

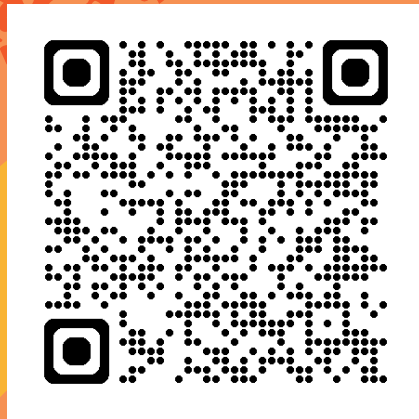
Manager: **Justin Johnson** - justin.johnson@achievingforchildren.org.uk or

Deputy Manager: **Matt Roach** - matthew.roach@achievingforchildren.org.uk

**To book a day pass for Hampton Youth Zone,
please scan the QR code**



**And for more exciting activities @ Whitton Youth Zone,
please scan the QR code below**



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