



# Summer 2022 Holiday Activities

## Swim Crash Courses

Week 1: 25 to 29 July

Week 2: 1 to 5 August

Week 3: 8 to 12 August

Week 4: 15 to 19 August

Week 5: 22 to 26 August

	WK 1	WK 2	WK 3	WK 4	WK 5
8.30-9.00am	1+3	1	2	2	1
9.00-9.30am	2+4	2	1	1	2
9.30-10.00am	2+3	4	3	2	3
10.00-10.30am	5+7	5	4	5	4
10:30-11.00am	6	7	5	6	7

### Prices:

**Five day course**  
£43.00 R/C & £48.50 Non R/C

**S Lessons** - Stages. Children aged 5 years and over.

## Swim Level Criteria

### Learner Pool

**Stage 1** – For children not able to swim without buoyancy aids

**Stage 2** – For children able to swim 3metres with their face in the water

**Stage 3** – For children able to swim 5metres on their front and back

**Stage 4** – For children able to swim 10metres on their front and back and with an idea of correct technique

### Main Pool

**Stage 5** – For children able to swim 15metres on their front and back with good technique

**Stage 6** – For children able to swim 25metres on their front and back with good technique

**Stage 7** – For children able to swim 50metres on their front and back with good technique.

**Stage 8** – For children able to swim 100metres on front crawl, back crawl and breastroke

## Booking Information

- All classes must be booked and paid for in advance
- An application form/medical form must be completed for each child
- Classes are subject to availability and maybe cancelled due to insufficient numbers enrolled.
- No refunds are given

**R/C - Richmond Card with paid for leisure subscription**

## Diving Workshop

**Mondays 3.00-3.45pm**  
**25<sup>th</sup> July, 15<sup>th</sup> August, 22<sup>nd</sup> August**

For children looking to learn to dive or improve their diving skills. For children Stage 6+

## Stroke Workshop\*

**Mondays 3.45-4.30pm**  
**25<sup>th</sup> July, 15<sup>th</sup> August, 22<sup>nd</sup> August**

For children Stage 6+  
\*Breaststroke and Butterfly with fins.

**Price per workshop:**  
£8.60 R/C £9.70 Non R/C

**Teddington Pools & Fitness Centre**  
Vicarage Road, Teddington TW11 8EZ  
www.richmond.gov.uk/tpfc

**Phone: 020 3772 2999**

