



DISABILITY SPORTS DAY

Monday 14th February 2022

	Astro 1	Astro 2	Astro 3	Hard Courts	Sports Hall	Dance Studio & Theatre	Atrium	Lounge
09:00 - 10:00	Junior Pan DisAbility Football 9:00 - 11:00	Adult Pan DisAbility Football 9:00 - 11:00		VI Tennis 9:00 - 10:00	Powerchair Football 9:00 - 11:00		Trampolining (Learning Disability) 9:00 - 9:45	Break Out / Rest Area Activity Provider Information Stations FFCF Mental Wellbeing Activities
10:00 - 11:00				DisAbility Tennis 10:15 - 11:15			Trampolining (Sensory Disability) 9:45 - 10:30	
11:00 - 12:00	Junior Blind and VI Football 11:00 - 12:30	Adult Blind and VI Football 11:00 - 12:30			Frame Football 11:00 - 12:30	Disability Line Dancing 11:00 - 11:45	Trampolining (Physical Disability) 10:30 - 11:15	
12:00 - 12:30				W/C Tennis 11:30 - 12:30			Trampolining (Learning Disability) 11:15 - 12:00	
Lunch Break for All Activities 12:30 - 13:30								Lunch Area
13:30 - 14:00	Chelsea Junior Pan Disability Football 13:30 - 15:00	Down's Syndrome Football 13:30 - 15:00		Disability Cricket 13:30 - 14:30	Junior Wheelchair Rugby 13:30 - 14:30	Multisports 13:30 - 14:30	Trampolining (Sensory Disability) 13:30 - 14:15	Break Out / Rest Area Activity Provider Information Stations FFCF Mental Wellbeing Activities
14:00 - 15:00								
15:00 - 16:00			VI Bowls 14:45 - 15:45		Adult Wheelchair Rugby 14:45 - 15:45	Table Cricket 14:45 - 15:45	Trampolining (Learning Disability) 15:00 - 15:45	