

HAM YOUTH CENTRE

FREE ACTIVITIES FOR YOUNG PEOPLE

FOR 11 TO 19 YEAR OLDS

FOOTBALL TRAINING: MONDAYS, 3.00 TO 5.00PM

Open to everyone, coached by Brentford Football Club. Held on Ham Green or in the youth centre. We hope to form a team and enter inter youth club tournaments.

GOOD4GIRLS: MONDAYS, 5.00 TO 7.00PM

Exciting new project for young women focusing on emotional wellbeing, trying new things and having fun. Sports, arts, games, food. Where young women get the youth centre to themselves.

JUNIOR YOUTH CLUB: TUESDAYS, 3.00 TO 5.30PM

SENIOR YOUTH CLUB: WEDNESDAYS, 5.00 TO 7.00PM

AFTER SCHOOL DROP IN: FRIDAYS, 3.00 TO 5.00PM

Open access youth club where young people decide on the programme of activities offered: art, cooking, archery, skateboarding, fencing, gaming, badminton, trips, games, filmmaking, cooking, pool, table tennis, drama and lots more. (Juniors: Years 6 to 8, Seniors: Years 9+)

GAMEJAM: TUESDAYS, 6.00 TO 8.00PM

Come and try out the new state of the art gaming lounge equipped with gaming PCs, VR headsets, XBoxes and Playstations. Take part in workshops on coding and game design run by students from Kingston University.

YOUTH ORCHESTRA: WEDNESDAYS, 3.30 TO 5.00PM

We have a selection of string and wind instruments available - come and learn with musicians Firas and Micka who are looking to form a small orchestra for performances and concerts.

HAM IN SESSION: TUESDAYS, THURSDAYS, FRIDAYS, 3.00 TO 5.30PM

Come and use our state of art music studio where tutor Zad can teach music production, guitar, drumming and singing. Studio recording for aspiring bands, singers and rappers.

HANDMADE CLUB: MONDAYS, 5.00 TO 7.00PM

WEDNESDAYS 3.00 TO 6.00PM

Work with professional artists from the local area in different art forms including textiles, painting, fashion design and printing on fabric.

PARKOUR: THURSDAYS, 3.00 TO 5.30PM

The discipline of moving rapidly through an area, typically in an urban environment, negotiating obstacles by running, jumping, and climbing. Learn from expert coach Jason to precision jump and cat leap on our range of specialist equipment.

SUPPORT FOR YOUNG PEOPLE

Our experienced staff team are always there to support young people with issues they might be facing including drugs and alcohol, anxiety, stress, career choices, school, relationships, sexuality etc. We also run the CCard free contraception scheme.



achieving
for children

PLEASE CONTACT BEN SKELTON

TO BOOK YOUR PLACE AT: [BEN.SKELTON@ACHIEVINGFORCHILDREN.ORG.UK](mailto:ben.skelton@achievingforchildren.org.uk)



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FENCING



BAKING



GAMEJAM



PARKOUR



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