

**Support groups**

**Carers of Adults with Asperger's Syndrome or Autism Spectrum Disorder**

KCN Office, Tolworth, 10.00am to 12.00pm First Wednesday of each month

**Parents and Carers of Children and Young People with Additional Needs and ADHD**

KCN Office, Tolworth, 10.00am to 12.00pm Second Friday of each month

**Mental Health Carers Group**

Tolworth Hospital, 6.00pm to 7.15pm Second Tuesday of each month

For more information on any of the support groups, contact us on 020 3031 2757 or admin@kingstoncarers.org.uk